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Weekend, November 19-21, 2010
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Drowning in Debt?
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'WE'RE RIDING A HOT STREAK'
SMU READY FOR MITCHELL BOWL {page 33}



CROWE RUSSELL'S GREATEST HITS SCENE

{page 20}



HALIFAX

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Weekend, November 19-21, 2010
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News worth sharing.

Province makes a power play

► 'Maritime Link' undersea cable will move energy from Lower Churchill to Nova Scotia ► Emera CEO Chris Huskilson calls project 'game changer' for Atlantic Canada



Hon. Danny Williams

RHONDA HAYWARD/THE CANADIAN PRESS

► Premier Darrell Dexter, right, and Newfoundland and Labrador Premier Danny Williams share a laugh Thursday at a news conference in St. John's.

Premier Darrell Dexter says the \$6.8-billion deal between Nova Scotia and Newfoundland and Labrador power utilities will mean cleaner energy and more stability in the market. But it's not clear exactly how much the deal will cost ratepayers.

Nova Scotia Power Inc. and Newfoundland's Nalcor announced Thursday they have concluded negotiations on bringing

energy to Nova Scotia from Lower Churchill Falls. The deal will bring a total of 500 megawatts a year into the province via an underwater cable. NSPI's parent company, Emera, will pay the full cost of the cable — \$1.2 billion — in exchange for 170 megawatts a year for 35 years.

The province hopes the steady energy source will help stabilize Nova Scotians'

power bills, as well as contribute to the goal of 40 per cent renewable energy by 2020.

Emera CEO Chris Huskilson said meeting the province's emissions targets will require annual rate hikes of between two and three per cent, which includes the cost of the cable. ● ALEX BOUTILIER

MORE COVERAGE, PAGE 3

Metro Movies

Dim the lights, it's movie time

► Christina Aguilera finds a new way to express herself
► Richard Crouse looks at Hollywood's take on private schools
► Reviews, showtimes and more {pages 17-24}

Lovato won't be leaving rehab



Disney star denied Thanksgiving break {page 30}

Flyers' info may reach U.S. hands

Privacy chief urges review of traveller info law {pages 13}

Canucks lack late-night care?

65% find it tough to get health help in off hours: Study {page 12}

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Energy deal a go, feds or no

► N.L. premier says deal will end the 'geographic stranglehold' of N.L. by Quebec ► Project will go ahead with or without federal contribution



ALEX BOUTILIER
@METRONEWS.CA

The \$1.2-billion transmission cable between Nova Scotia and Newfoundland will go ahead with or without federal funding, Premier Darrell Dexter said on Thursday.

Dexter said the \$375-million federal contribution has yet to be secured.

"It's not contingent on or conditional on federal funding," said Dexter, adding he can't imagine why Ottawa would turn down the provinces' request.

"This is the moment in which the economic landscape of our region changes. Why on Earth would the federal government not want to be a part?"

On Thursday, energy utilities Emera and Nalcor announced a 35-year deal that will see 500 megawatts a year transmitted across the Cabot Strait. Dexter said the project is a "huge step" toward an integrated regional energy system, meaning cleaner energy and more stable energy prices.

Dexter will meet with New Brunswick Premier

David Alward Friday morning to talk about regional energy co-operation.

Not all provinces involved are happy about the decision, however. Dexter said he spoke to Quebec Premier Jean Charest Wednesday morning, who reiterated concerns about federal support for the project.

"It's a matter on which we must agree to disagree," said Dexter. "The simple fact of the matter is that this is a nation-building project."

Newfoundland and Labrador Premier Danny Williams said in a release

that the deal will end Quebec determining "the fate of the most attractive clean energy project in North America."

Online in '16

- The energy, to be generated by a new Muskrat Falls facility, is expected to start flowing into Nova Scotia in late 2016.
- When fully operational in 2017, the transmitted energy will account for 10 per cent of Nova Scotia's electricity usage.

that the deal will end Quebec determining "the fate of the most attractive clean energy project in North America."



► Premier Darrell Dexter

Premier to entrench green targets

Premier Darrell Dexter announced Thursday the government intends to make its renewable energy targets law.

Earlier this year, Dexter pledged that 40 per cent of the province's energy consumption would come from renewable sources by 2020.

Thursday's announcement that Emera and Nalcor intend to transfer energy from a Lower Churchill Falls hydroelectric project was a big step toward that goal.

According to the province, the project will account for 10 per cent of the province's energy consumption when it comes online in 2017.

Now, Dexter said, the government will make the goals law.

"Considering the fact that almost 90 per cent of the electricity we now generate in Nova Scotia comes from fossil fuels, the new legislated target will be very significant," he said, adding that the legislation will be brought forward next spring.

Current legislation requires the government to meet a target of 25 per cent by 2015.

● ALEX BOUTILIER

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news



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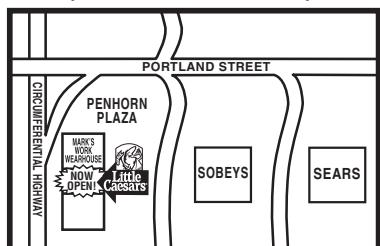
A game of This Day in November proves this month is a wacky one in the music world.
More at metronews.ca/backbeat

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Graduation day arrives for Mi'kmaq soldier

► Pre-recruit training candidates endure drill and weapons training, confidence exercises and field work



ALY THOMSON

HALIFAX@METRONEWS.CA

As a boy growing up on the Membertou First Nation in Cape Breton, John Christmas always dreamt of serving in the Canadian Forces.

Christmas, an 18-year-old who is Mi'kmaq, took a major step in fulfilling this dream Thursday as he was one of 28 graduates of the first Halifax-run aboriginal pre-recruit training course.

"I'm actually proud of myself," Christmas said after the ceremony. "I love the people here, I loved

"Watching my two uncles be successful in the military, I always had an interest since I was a little kid ... They inspired me in many ways."

JOHN CHRISTMAS, GRADUATE OF THE ABORIGINAL PRE-RECRUIT TRAINING COURSE

every day. I'm just so full of joy right now."

The three-week long course offers Aboriginal Peoples from across Canada

a chance to sample the military experience, said the course adviser Chief Petty Officer Debbie Eisan.

Of the 28 candidates who completed the course, 27 will go on to join the Canadian Forces on some level, said Eisan, who is also the aboriginal adviser to the Chief of Land Staff.

Christmas will begin training as an armoured soldier this March.

The candidates, who range from ages 17 to 26, travelled to Halifax from every corner of the country including Tuktoyaktuk, N.W.T. and Okanagan, B.C.

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News in brief**Surplus auction takes place Nov. 27****DARTMOUTH.** Looking for a bargain?

The province announced Thursday its government surplus auction with items like snowmobiles, vans, trucks, pressure washers, TVs and cameras will take place on Saturday, Nov. 27.

The auction is being held at the Nova Scotia Transportation and Infrastructure Renewal warehouse at 10 Acadia St., in Dartmouth, with viewing from 8:30 a.m. to 10 a.m.

All money earned from the auction will go to paying down the provincial debt.

Doubling up due to demand**CAILLOU.** Everyone's favourite toddler, Caillou, is a hit in Halifax.

Due to an overwhelming demand, Caillou's Greatest Skate of All will now run twice on Feb. 12 at the Rebecca Cohn Auditorium in Halifax.

The original show begins at 1 p.m., followed by a new second 4 p.m. performance. Tickets are \$25.

Caillou's musical adventure is inspired by some of Canada's favourite pastimes including hockey and skating.

Third teen charged**ARSON.** Police have charged a third teenager

in relation to an arson in Uniacke Square earlier this month.

A 17-year-old was arrested by Halifax Regional Police early Thursday morning and was to appear in court charged with arson and breach of probation.

An 18-year-old and a 13-year-old male have also been charged in relation to this incident in the 5400 block of Sunrise Walk.

● METRO

Man in standoff in court**SYDNEY.** A bail hearing will take place Friday for a North Sydney man accused of causing a four-day standoff with police. Lorne Allen, 42, is facing five criminal charges after refusing a police demand to leave his home on Nov. 10. **CAPE BRETON POST****Commons. Oval**

► Work continues on the Canada Games Oval on the Halifax Common Thursday.

RYAN TAPLIN/METRO

Skating oval taking shape

The \$2.1-million long-track speed skating venue is scheduled to be open to the public in December. It will host the Fourth Annual Canadian Masters Championships, the first time a long-track competition will be held in Nova Scotia, in January.

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over jail decision

► New jail was chosen from three candidates ► Will cost \$31 million to build and create about 70 jobs

The provincial government violated an agreement with First Nation peoples when it arbitrarily decided to locate a new jail in Pictou County, the Assembly of Nova Scotia Mi'kmaq Chiefs say.

"It is clear that this political decision was made without consultation with the Mi'kmaq of Nova Scotia," the Assembly co-chairs wrote in recent correspondence to Justice Minister Ross Landry.

In a press release issued this week by the Assembly, the chiefs say the decision

to locate a new 100-cell jail in Coalburn near New Glasgow violates the Consultation Terms of Reference Agreement signed Aug. 31 between the Nova Scotia Mi'kmaq, the Province of Nova Scotia and the Government of Canada.

The release said on Oct. 6, the Assembly received a formal request for consultation from the Department of Justice in regard to the proposed jail facility.

"We would appreciate a response to this letter by October 21, 2010; and, we require a response on the

proposed project by December 17, 2010," the Assembly said, of a letter it received from the Justice Department.

After discussions with an official from the province, a formal reply expressing interest to further discussions on the matter was sent to the Department of Justice.

However, the Nova Scotia Chiefs were "shocked and dismayed" when Landry went ahead with the announcement on the jail Nov. 1 without waiting for a response from the Assembly. **TRURO DAILY NEWS**



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Man faces charges in Hortons holdup

Police say charges are pending against a 37-year-old Halifax man in connection with an armed holdup at a Tim Hortons in Clayton Park.

Officers were called to a robbery in progress late

Wednesday at the Lacewood Drive location.

An employee told police a man wearing dark glasses and a hat and armed with a knife demanded cash. He kept his face covered with his arm during the robbery.

Police say the employee was able to tell a customer at the drive-thru window what was going on.

The customer activated a security system in his vehicle and 911 was alerted.

THE CANADIAN PRESS



Ferry deal with feds urged

► Uncertainty of ferry service will hurt businesses that aren't able to plan: P.E.I. MLA ► Route runs between Caribou, P.E.I. and Pictou

The ferry service between P.E.I. and Nova Scotia needs a long-term funding deal with the federal government, says P.E.I. Liberal Charles McGeoghegan.

The MLA who sees the ferry operate in his riding made the remark in response to a motion he seconded for the province to continue to pursue a deal with Ottawa to keep the service alive.

McGeoghegan said 150 jobs are related to the Northumberland Ferries Limited service with a \$30-million economic spinoff. "It's something that we absolutely need for the eastern end of P.E.I. and we can't let it go," he said.

Transportation and Infrastructure Renewal Minister Ron MacKinley

moved the motion in the legislature Wednesday, but it was not passed because there wasn't enough time to wrap up the debate before the day ended.

McGeoghegan said there needs to be official support from the province on record, and the federal government needs to know how important the service is to P.E.I. He used Yarmouth as an example of a community that suffered after losing its ferry service.

MacKinley said without longer-term commitments from the federal government, businesses that would rely on the ferry for service aren't able to put together the financial projections they need.

CHARLOTTETOWN GUARDIAN

Tourism down in September

1.7M The number of visitors who travelled to Nova Scotia during the first nine months of 2010.

The number of visitors to Nova Scotia is dropping with the leaves this year.

Visitors to the province fell by three per cent in September compared with the same time in 2009, according to the Department of Tourism.

Road travel fell four per cent and air travel was down two per cent. Cruise ship passenger was up significantly, however, boasting a 22 per cent increase.

Overseas visitors de-

creased by eight per cent, while visits from Atlantic Canada, Quebec and Ontario were up three per cent. For the year, tourism numbers are up two per cent compared with the first nine months of 2009.

Provincial tourism is a major contributor to the economy, with a release stating that in 2009 the industry employed more than 31,000 people and generated revenues of \$1.82 billion. ● METRO

BEDFORD

Gas leak blocks traffic

A natural gas leak briefly stopping traffic in Bedford on Thursday morning was brought under control.

At about 8 a.m., a backhoe operator digging in front of a new

home on Capstone Crescent off the Hammonds Plains Road accidentally cut into a small natural gas line, the CBC reports.

Emergency crews were called in to pinch off the line and stop the leak. Traffic was blocked for about an hour and a few drywall workers were evacuated. There were no injuries.

The gas line had just been installed earlier this week, it was reported. ● METRO

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Atlantic Canada's only private MRI and ultrasound clinic is located in Clayton Park. Since opening its doors in September 2002, HealthView Medical Imaging (previously called Canadian Diagnostic Centres) has seen more than 13,000 patients. These patients come from all across the region, including, from as far away as Newfoundland and Labrador.

Dr. George Murphy and Dr. Derrick McPhee, the two principal radiologists at HealthView Medical Imaging also work within the public health care system. They were both born and raised in Nova Scotia and attended Dalhousie Medical School. Together, they have a combined 37 years of experience, and are both board-certified by the Royal College of Physicians and Surgeons of Canada.

"George and I were talking one day back in 2000 and we were commenting on how long people have to wait to receive an MRI or ultrasound. Other private clinics across Canada helped patients who were unsatisfied with the long wait times, so after several months of discussion, George and I decided to open a private clinic right here in Halifax, to address the wait time issue," said Dr. Derrick McPhee.

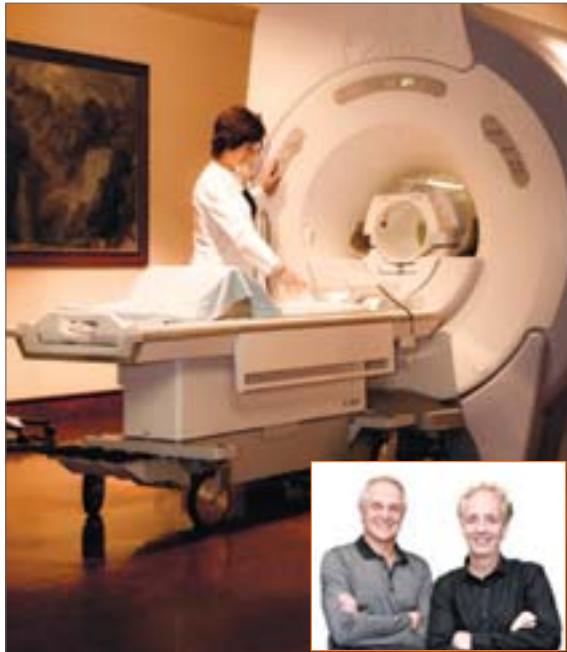
"Our motto around the clinic is that your life is too important to put on hold." Dr. George Murphy

Between 1997 and 2006, the public support of private health care has increased from 23% to 40%. Surprisingly, private clinics are not as expensive as some believe. At HealthView Medical Imaging, the base price for an MRI is \$795, while a typical ultrasound is \$250. It is important to note that the price varies depending on the exact type of imaging requested by the physician. Patients must have a referral form completed by their doctor in order to book an appointment with HealthView Medical Imaging.

According to Dr. George Murphy, "For many patients, the long wait time for an MRI or ultrasound adds a great deal of stress to their already busy lives. The patients are typically injured, in some type of pain or discomfort, and are stressed. Our motto around the clinic is that your life is too important to put on hold."

The long wait times can affect your peace of mind and delay the treatment or recovery process.

Depending on the reason for the MRI or ultrasound, a patient may not be willing to wait six or more months for information regarding their health. Therefore, the reason that patients choose HealthView Medical Imaging is the short wait times. When a patient calls the clinic, they can typically schedule an appointment within one to five business days.



The clinic's brand new MRI machine, the General Electric Signa 1.5T. Inset: Dr. George Murphy and Dr. Derrick McPhee.

HealthView Medical Imaging has state-of-the-art diagnostic imaging equipment. Recently, the clinic purchased a brand new MRI machine, the *General Electric Signa 1.5T LX*. This is the most up to date MRI machine operating in Atlantic Canada, ensuring a confident diagnosis with superb image quality.

MRI is an advanced technique for obtaining internal images of the body. It is useful for virtually anyone who has an ailment or source of pain that has been difficult to diagnose.

The accuracy and detail of MRI makes it especially useful for detecting tumors, tissue damage and other physical abnormalities. It is also useful in determining the effectiveness of treatments by measuring, for example, the change in size of a tumor. With this information, decisions can continue to be made about treatments.

For more information about HealthView, call 443-9922 or visit the clinic online at healthviewimaging.ca.

How long can you wait to get your knee back?

Ask your doctor about your options for quicker access to MRI and Ultrasound services.
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HealthView
MEDICAL IMAGING

It's night, so the doctor is ... out

- MDs who work 'bankers' hours' rile Canadians, survey reveals
- Evenings, weekends are difficult

Sick of your family doctor working the same hours as bankers?

You're not alone.

The Health Council of Canada researched health-care systems in 11 countries and found that Canadians have the most trouble visiting their doctors after hours.

"Canadians have the greatest difficulty accessing care in the evenings, on weekends, and on holidays — anywhere other than in the emergency department," says the survey.

Canadians are also the biggest users of emergency room services — with 44 per cent of re-

Prescription

- The survey collected answers from about 20,000 adults in Canada, Australia, France, Germany, the Netherlands, New Zealand, Norway, Sweden, Switzerland, the U.K. and the U.S.
- The Canadian sample size was 3,309 people.

spondents saying they had been to the ER at least once in the past two years

Forty-seven per cent said they would have gone to their usual clinic if it had been available.

TORSTAR NEWS SERVICE



NICK UT/THE ASSOCIATED PRESS

Made for each other?

Wayne and Laurie Hallquist have been pronounced man and wife — and Tallest Couple to Wed by Guinness World Records. He is six-foot-11, she is six-foot-five.

Reefer madness: Mom gives child pot

A woman on Thursday admitted giving her two-year-old daughter marijuana and using her cellphone to record the child smoking it.

Jessica Gamble, 21, pleaded guilty in Cincinnati to corruption of another with drugs and tampering with evidence, officials said.

Prosecutors dropped a child endangering charge in exchange for the plea, prosecution spokesperson Julie Wilson said.

Vivid video

- A cellphone video shows the Gamble toddler handling and puffing on a marijuana cigarette.
- It came to authorities' attention after someone gave a copy of the video to a family services agency.

Gamble faces a maximum sentence of six and a half years.

THE ASSOCIATED PRESS

Ice storm hits NASA spacecraft

Talk about bad weather.

A NASA spacecraft hurtled through a cosmic ice storm during a recent flight past a comet.

But it came out unharmed, scientists reported Thursday.

The Deep Impact craft flew within 435 miles of

9 It appears Deep Impact got hit nine times by icy particles, officials said.

comet Hartley 2 on Nov. 4. Images reveal a blizzard of white specks surrounding the comet.

"Those are not stars. Those are all chunks of ice," said Michael A'Hearn of the University of Maryland.

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▶ Johnny Reid

CONTRIBUTED

5 MINUTES WITH: JOHNNY REID

Johnny Reid is coming back to Halifax — but this time, he's doing what he loves indoors. The award-winning Canadian singer-songwriter is performing a sold-out show at the Halifax Metro Centre on Wednesday, three months after taking to the stage for Country Rocks 2010 on the Halifax Common. The show is the final stop on his *A Place Called Love* tour.

What will the difference be for a fan going to this show compared to your recent outdoor performance?

The difference is you're going to come see a Johnny Reid show. Basically, what

"Every time I come here I just love walking down by the harbour. It's one of my favourite things to do, just smell the ocean. There's also a place called the Lower Deck ..."

you see at a festival show is what the festival wants you to see. Now, you're coming to my show and you're going to see what I want you to see, which is everything ... I get to play what I want to play and for as long as I want to play.

Is there a message for fans coming to the show, as PBS is videotaping it for a TV special.

I've cultivated my talent in Canada for over 12 years and this is my chance to take this to the rest of the world ... so I just want (fans) to represent, to have fun and represent this country. And I know for a fact the people of Halifax are going to show the rest of the world just how much fun we can have and what we're all about.

You've been in Halifax a few times now. What have you done in the city?

Every time I come here I just love walking down by the harbour. It's one of my favourite things to do, just smell the ocean. There's also a place called the Lower Deck. A good friend of mine owns that place so we always go there to catch up — have a few laughs.

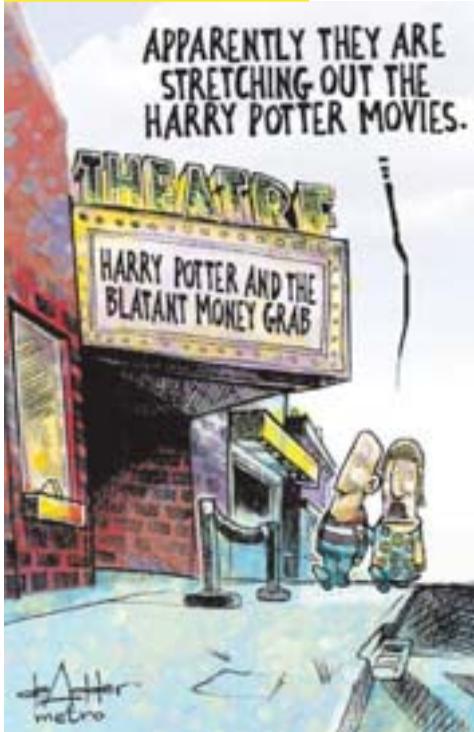
For yourself personally, where are you at in your career?

I truly mean this, I feel like I'm just getting started. I really do.

● PHILIP CROUCHER

Cartoon

MICHAEL DE ADDER



A new family dynamic

Worth mentioning

Is marriage becoming obsolete in the U.S.?

Nearly one in three American children is living with a parent who is divorced, separated or never married. More people are accepting the view that wedding bells aren't needed to have a family.

A study by the Pew Research Center, in association with Time magazine, highlights rapidly changing notions of the American family. And the U.S. Census Bureau, too, is planning to incorporate broader definitions of family when measuring poverty, a shift caused partly by recent jumps in unmarried couples living

Not a ringing endorsement



together.

About 29 per cent of children younger than 18 now live with a parent or parents who are unwed or no longer married, a five-fold increase from 1960, according to the Pew report that was released Thursday. Broken down further, about 15 per cent have parents who are divorced or separated and

14 per cent who were never married. Within those two groups, a sizable chunk — six per cent — have parents who are living in couples who opted to raise kids together without getting married.

Indeed, about 39 per cent of Americans said marriage was becoming obsolete.

THE ASSOCIATED PRESS

What's the secret to a successful marriage?

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Metro Minute at holiday parades

If you're looking to get into the holiday spirit, this is your weekend.

Two holiday parades are taking place, the biggest of which is Saturday night as the 15th annual Holiday Parade of Lights takes place in downtown Halifax.

The parade starts at 6 p.m. and will see about 90,000 people descend on

the downtown core to see floats, marching bands, clowns and Santa Claus.

The next day, the Light Up Bedford Parade is being held beginning at 5:45 p.m.

There will be various floats decked out in thousands of holiday lights to help usher in the holiday season.

● METRO

Three days to play

HAVE YOU STARTED CHRISTMAS SHOPPING YET?



Hannah Witherbee

HALIFAX

Yes, I have. I haven't bought anything yet, but I've started shopping around and I know what I'm going to get. I'm just checking out the scene.



Ian Borg

HALIFAX

No, I haven't. It will be gift cards and I don't have to worry about buying gift cards until last minute.

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Canadian lumber practices disputed

Canada could be facing another prosecution for cheating under the Softwood Lumber Agreement.

The U.S. Trade Representative's office complained to the Canadian government that British Columbia used the pine beetle infestation as an excuse to increase the export of lumber into the American market.

A lobby group says the amount of the lumber shipped increased from 10 per cent to 50 per cent.

THE CANADIAN PRESS

Facebook beefs up MySpace

In a sign of the companies' divergent fortunes, MySpace says it will let its users log in to their Facebook accounts through their MySpace page.

MySpace users have already been able to sync their status updates to their Facebook profiles.

THE ASSOCIATED PRESS

'Tis season for deals

► Shoppers can get wireless offers matched or bettered, watchers say

DARREN CALABRESE/THE CANADIAN PRESS FILE



► Anthony Lacavera, CEO of Globalive, parent company of Wind Mobile, the first of the new players, says this is going to be the most competitive season in wireless in a decade.

Consumers can expect more deals — and maybe more clout — when shopping for mobile phones during the holiday season in the hotly competitive wireless industry.

The season brings in a big chunk of sales for all the carriers and are especially important to the new players trying to win market share away from Rogers, Telus and Bell.

Telecom analyst Brahmin Eiley said it's been a year of discounts in wireless offered by both the new and established players.

Combined voice and data plans from the new players can undercut Rogers, Bell and Telus and their discount brands by more than half. The savings could be up to 75 per cent on data plans, Eiley said.

For consumers, they should be able to shop around and get offers matched or bettered in the Christmas shopping season.

Wind Mobile, Mobilicity

"The consumers are in the driver's seat. Consumers have so much choice that they really do have a lot of negotiating power."

MARK GOLDBERG, TELECOM ANALYST

and Public Mobile have been "continuously" discounting since they launched, Eiley said from Toronto.

"As long as cash is available to them, they are going to play the low price card. It's the only way for them to get subscribers. This will go on for years."

Wind Mobile launched almost a year ago and new companies Mobilicity and Public Mobile have been up and running since last spring. Quebecor's Videotron launched its wireless service in Quebec this fall.

THE CANADIAN PRESS

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Aguilera tackles acting in Burlesque

► Pop star gets starring role in first film ► Excited to take on new challenge ► Found it tough to turn off her character while not filming

 **NED EHRBAR**
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METRO WORLD NEWS IN LOS ANGELES

With a voice that always seems too big to be coming from her small frame, it's no surprise that Christina Aguilera's first foray into film, this month's *Burlesque*, would be a musical.

"I'm definitely used to coming from a world where I am able to express myself through song, through vocals, through writing lyrics, through poetry and having the time to do so and focus on myself as an artist," Aguilera says.

"I find it much easier to express myself sometimes through song and through vocalizing my emotions. That's why at a young age when I had a very chaotic childhood, I would turn to song as my release out of that environment."

Aguilera insists she relished the challenges of acting for the first time.

"It's a new thing for me, so I really tried to give myself wholeheartedly," she says, though there was at least one unforeseen side effect of taking on the role of Ali, a young performer fresh off the bus from Iowa who works her way up at a Sunset Strip burlesque club.

"I would get very rambunctious," she says of the having to put her own personality aside to embody Ali.

"I had a lot of pent-up energy, because I was being neglectful of myself, that when I wasn't being Ali on camera I was really antsy."

While she's made a name for herself belting out tunes, Aguilera admits she's not breaking out into song at any opportunity when she's not at work.

"I'm very reserved when it comes to that," she says. "I know there are certain singers that won't shut up, but I'm very reserved when I'm going about my normal life. But then whenever the stage hits or it's time to perform, it just comes up. And out."

Of course, she's not completely mum around the house. She still saves some of her voice for her young son, Max. "I sing him to sleep every night, and my favourite song to sing him is this little, soft lullaby from Mary Poppins called *Stay Awake*," she says.

And while she's completely committed to Max, Aguilera says she never considered putting her career on hold. "I think it would send the worst message possible to my child," she says.

"... I think part of having kids is creating a good balance so that you can then inspire them to be their own individual and find what they're passionate about and what goals they want to achieve in their lives."



► Christina Aguilera stars in *Burlesque*, which opens next Wednesday.



Scene in brief



Emma Watson may be leaving Hermione Granger behind on the film set, but not in her heart — the two share a similar passion for learning.

Watson, whose character in the Harry Potter movies made it cool to be a studious teacher's pet, says she's "addicted to knowledge" and motivated to keep learning while doing other film projects.

Watson, who has played Hermione for more than half her life, is a sophomore at Brown University in Rhode Island where she is majoring in history.

THE ASSOCIATED PRESS



Lead actors chosen for Broadway musical *The Book of Mormon* by the South Park team

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Bonnie Laufer, TRIBUTE CANADA

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Best Crowe performances

Russell Crowe digs deep and transforms himself for every role he takes on, making decent movies better and great movies excellent. He's so consistently good, even some off-camera antics from time to time don't become a distraction; he never fails to convince us.

With the opening this week of *The Next Three Days*, here's a look at Crowe's five most captivating performances.

THE ASSOCIATED PRESS


**L.A. Confidential
(1997)**

He'd made a name for himself already in Australia with 1992's *Romper Stomper*, but this is the role that made Crowe famous in America. As the beefy detective Bud White, he's got a mean streak, but for all the right reasons. He brutally avenges the abuses suffered by battered wives. He reveals his tortured, tender side in his scenes with Kim Basinger. All the characters and motivations are complex, but Bud White oozes moral ambiguity, and Crowe never makes him anything less than fascinating to watch.


**The Insider
(1999)**

Crowe earned his first Academy Award nomination for best actor for playing Big Tobacco whistleblower Jeffrey Wigand. Michael Mann's smart, suspenseful depiction of real-life events also required Crowe to pack on the pounds, and he steals the show from costar Al Pacino as a 60 Minutes producer with his measured performance as a conflicted everyman. Wigand is tormented by his knowledge of the danger of tobacco but compelled by a nondisclosure agreement to keep his mouth shut, and Crowe plays his ethical dilemma with quiet moodiness.


**Gladiator
(2000)**

A physical and emotional shift in the opposite extreme for Crowe. In Ridley Scott's historical epic, he's muscular, fierce and intimidating as Roman general Maximus. This is the role that earned him his best-actor Oscar — and the film won five in total, including best picture. For the most part the film feels silly, over-the-top, mindless and empty, but Crowe grounds it by believably conveying his character's remorse. While his low rumble of a gravelly voice provides some gravitas, Crowe also gets to scream. A lot.


**A Beautiful Mind
(2001)**

Crowe's transformation into tortured math genius John Forbes Nash Jr. is stunning — reminiscent of the one he'd pulled off two years earlier in *The Insider*, but even more effective because Nash's story is so much more personal. It's almost too bad that he won the best-actor Oscar for *Gladiator*, because he deserved the award even more for his work here. Aging on screen over a period of nearly 50 years, Crowe turns Nash from a swaggering genius to a shaken shell of a man, and the disintegration is believable and compelling.


**3:10 to Yuma
(2007)**

Crowe, as the dangerous Ben Wade, does whatever he wants, whenever he wants. He comes off like a gentleman, quoting scripture and drawing sketches of the people he meets on his travels. But he's still a killer through and through, and Crowe, with his infinite capacity for both charm and darkness, reveals all the colours of his character's personality subtly and brilliantly. His mano-a-mano verbal sparring with Christian Bale, as the rancher tasked with escorting Wade to the train that'll take him to prison, is a joy to watch.

HILARIOUS!

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Shawn Edwards, FOX-TV



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Movie review

See it twice | See it now | Worth watching | Yawn | Don't bother

Potter gets darker and deeper

Harry Potter And The Deathly Hallows Part 1
Genre: Action/Adventure
Director: David Yates
Stars: Daniel Radcliffe, Emma Watson, Rupert Grint

Though magic is still central to the series, the childlike joy with which the witches and wizards dispatch their powers is almost entirely absent in the latest entry in J.K. Rowling's towering franchise.

Fortunately, that's a good thing, as the first chapter of this epic two-part finale is the darkest, strangest, and possibly even the finest Harry Potter movie to date (though be warned that with a downbeat ending peaking the sense of dread before the triumphant battle in Part 2, there's no escape from the darkness for the kiddies in the audience).

The series is now based entirely around an epic battle between good and



evil, and anyone who merely dabbled in the early outings might not even recognize the universe.

Don't expect any handholding either as the filmmakers dive into their story midstream with no attempt to bring the audience up to speed. Almost every member of the epic cast makes a brief appearance, but the bulk of the film is spent with Ron, Hermione and Harry

searching for a way to kill Lord Voldemort while struggling with the strain of their quest and maturing sexuality.

How good the film really is can only be determined after part 2 is released in July, but for now this surprisingly intense Harry Potter movie suggests the maturing series will end on a high note

• PHIL BROWN

Fair Game
Genre: Drama
Director: Doug Limon
Stars: Sean Penn, Naomi Watts, Sam Shepard

Doug Limon (the man fired from *The Bourne Identity* series) almost returns to form with *Fair Game*, a political thriller about Joe and Valerie Plame Wilson. Valerie worked for the CIA before being ousted and ruined by the press after her husband Joe published an article in the *New York*



Times deriding the fast-tracked Iraq War. Limon attempts to streamline the ugly truth into a tense

thriller and while the pacing definitely works, too much detail has been sacrificed. • PHIL BROWN

The Next Three Days

Genre: Action
Director: Paul Haggis
Stars: Russell Crowe, Elizabeth Banks

If you chopped off the first half of the film, *The Next Three Days* would've been a relatively decent thriller. Instead, Crash-director Paul Haggis's drawn-out remake about a college professor (Russell Crowe) cooking up an escape plan for his questionably incarcerated wife (Elizabeth Banks) ends up



needlessly overburdened. While Crowe's performance is surely intriguing enough, Haggis's version of the 2008 French film *Anything for Her* doesn't commit to either credibility or just being a decent

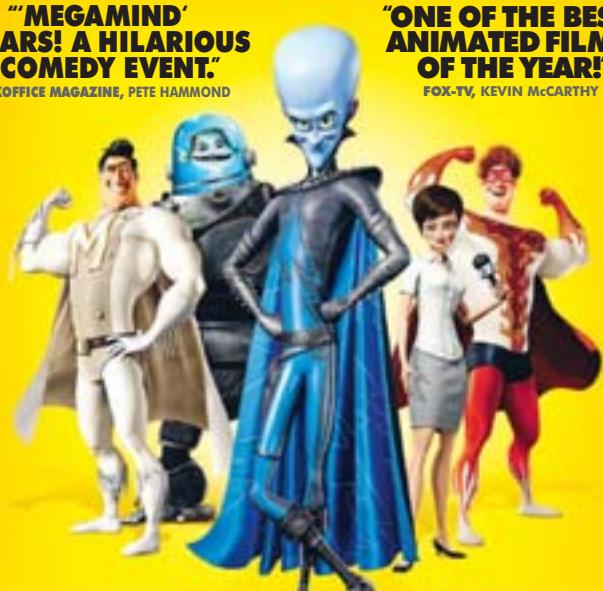
genre film. Instead, it's the greater morality of this man's efforts that presumably carry audiences for 133 minutes...only it doesn't quite do it. • STEVE GOW

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In Focus

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Hogwarts, a school of magic founded over a thousand years ago by a quartet of the greatest witches and wizards of their age, will once again be front and centre when Harry Potter and the Deathly Hallows: Part 1 opens on Friday. It's the screen's most famous private school, but it isn't the only cinematic bastion of readin', writin' and 'rithmetic.

The granddaddy of the modern prep school movie is 1972's A Separate Peace, a dull film, based on a not-so-dull book by John Knowles, starring Parker Stevenson, which was later remade as a better-than-average made-for-TV movie.

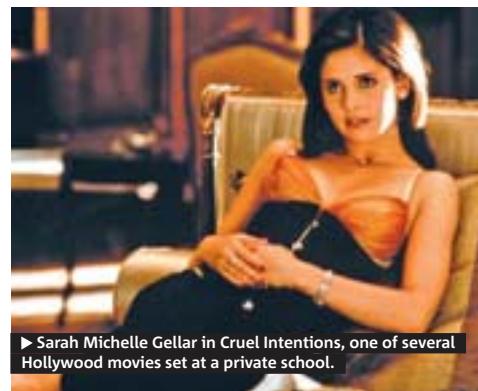
Without the original film's portrayal of Devon Academy we might not have Dead Poet's Society (set at "the best prep school in America") or any other classroom drama that teaches life lessons alongside the three R's.

For instance, the all-star students — Brendan Fraser, Ben Affleck, Matt Damon and Chris O'Donnell — in School Ties learn a lesson not on the curriculum: the power of prejudice. Fraser plays David Greene, a Jewish student at a WASPy prep school in the 1950's who becomes the victim of vicious anti-Semitism.

Most noteworthy because of its soon-to-be-famous cast, this came out five years before Good Will Hunting made Affleck and Damon superstars, and a year before Chris O'Donnell was nominated for a Golden Globe for his other prep school drama Scent of a Woman — the movie's message of tolerance resonates when set against today's recent news stories about school bullying.

But don't think all private school movies are about "carpe diem"

and uplifting messages. Cruel Intentions sees a group of good looking learners engage in a dangerous game of seduction and betrayal. And the only lesson Chris O'Donnell



► Sarah Michelle Gellar in Cruel Intentions, one of several Hollywood movies set at a private school.

learns in Scent of a Woman — whose all male boarding school scenes were actually shot at one of the U.S.'s oldest all-female boarding schools — is how to avoid being crushed by the weight of Al Pacino's over acting.

Most vapid, however, is Private School, starring Phoebe Cates and Matthew Modine as star-crossed students from the Cherryvale Academy for Women and the Freemount Academy for Men. Completely devoid of merit, it most famously features gratuitous topless horseback riding and a female shower scene; behaviour Albus Dumbledore would certainly frown on. Critics too frowned upon the movie. One writer said, "hardcore porn has a better reputation" than this teen sex comedy.

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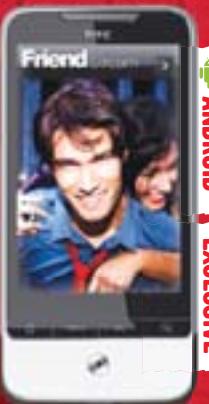
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'Scary' pairing for Groban

The way Josh Groban describes it, working with Rick Rubin on his latest album was sometimes like extended musical foreplay—but the feeling wasn't always pleasurable.

The tenor and the maverick producer worked for more than a year mapping

out the album *Illuminations*. They went over songs, musicians, played piano parts and more—without recording a note in the studio.

While that process has brought magical, often Grammy-winning, results for acts as varied as Johnny

Cash, the Dixie Chicks, Metallica and the Beastie Boys, for Groban, it was "extremely scary and very frustrating at times."

"I'm the kind of personality where I need to hear something; I need to put the paint on the canvas to kind of see what colours

we're working with. And we just blueprinted for a year. I mean, we didn't even make noise," Groban said in a recent interview. "He would kind of have me on this guiding process until we had a body of work that we hadn't recorded, and I was about to explode."

Yet after working with another Grammy-winning producer and songwriter, David Foster, for his entire recording career, the 29-year-old Groban was willing to shake up his creative process, even if it sometimes made him uncomfortable.

"Rick has a rich history of extraordinary work, and I've been fairly new to the industry but have done things a certain way for about 10 years now," Groban said. "We were both excited about the idea of learning from each other." THE ASSOCIATED PRESS



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Behind the scenes with The Boss

 **PAT HEALY**
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METRO WORLD NEWS IN BOSTON



aspects of his art; when he released his third album, *Born to Run*.

But in 1976, he became embroiled in a lawsuit with Mike Appel, the manager and producer with whom he split at the end of making *Born to Run*. The court order stipulated that Springsteen could not record any music with a producer not pre-approved by Appel.

Street drummer Max Weinberg says although there are tense times depicted on this new DVD, this candid moment is only a part of a bigger picture that included many ups and downs within the long days in the studio.

"We would go 12-hour days, five days a week. And you just pushed and pushed and pushed, and what that did was just taught you how to dig down deep to get that stuff out," says Weinberg. "We'd show up at like three or four in the afternoon and go all night and sleep all day, and then you go back and do it again. Bruce would do the whole session and then he'd go back and write more songs. So I don't know when he slept, but his energy was just impressive and infectious."

The new DVD is part of a deluxe package from Springsteen, which came out Tuesday. Also included is a two-CD set with 21 unreleased songs.

For Springsteen, 1975 was a year where life imitated the most triumphant

In *The Promise*, Springsteen sums it up succinctly. "There were two clouds that hung over the writing and recording."

Once the clouds of the lawsuit settled, Springsteen began a creative period that yielded too many songs to fit on his follow-up album.

"Ultimately Bruce picked the songs that became the *Darkness on the Edge of Town* album," says Weinberg. "But the songs that didn't make it are incredible in anybody's book...You could take any group of them and make up an album out of them."

Which is exactly what they did.

HOPING TO BREAK OUT IN M-TOWN

At first glance, M for Montreal looks like a local music festival consisting of several days' worth of showcases featuring up-and-coming bands — and it is. At least on the surface.

But it's also part of a global cocktail circuit of similar festivals stretching throughout the rest of Canada, the U.K., Scandinavia, Europe, the Far East, Australia and South America. They may not get the same coverage as mega-events such as Glastonbury, but they form a very important part of the planetary musical ecosystem.

Yes, the general public is welcome to attend, but the real action happens elsewhere. M for Montreal and its kin are scouting and networking platforms and cultural export shows designed to display the music a specific region has to offer the rest of the world. Promoters, bookers, managers, music supervisors, journalists, broadcasters and bloggers are invited from all over to ex-

perience the music firsthand, the hope being that deals will be struck, articles will be written, broadcasts will be made and music from these artists will be disseminated to places it might never otherwise reach.

Even Gene Simmons is here with his media entourage. He's looking to sign people to his label, Simmons Records.

Staging one of these events is hugely complex and expensive. Fortunately, music is an area in which many sponsors want to be involved and in many cases, there are large wells of government money from heritage and cultural ministries that make it possible.

This is my second year at M for Montreal and I've met industry folk from all over the world. For many, their knowledge of Canadian music used to extend about as deep as Arcade Fire. By the time everyone heads home on Sunday, they'll be familiar with a completely new crop of in-

die talent.

Like who? Well, I have high hopes for PS I Love You, who have an impressive album entitled Meet Me at the Muster Station. Montreal's SUUNS practice a dark form of electro-rock that should have international hipster appeal. Jason Bajada and Leif Vollebekk are both Mon-

treal singer-songwriters who deserve more attention, especially here at home. And I'm most interested in the fortunes of Elephant Stone who conjure images of what the Stone Roses might have been like had they just had a sitar player.

Who knows who might break out this year?

Sound Check

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'Accidental album'

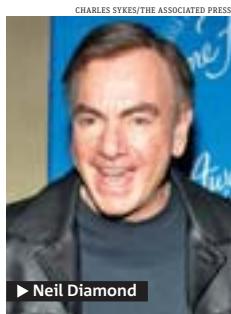
Neil Diamond recorded his latest album, *Dreams*, with just a guitar and a microphone, interpreting old classics in a very intimate setting that puts the focus squarely on his voice.

But the 69-year-old legend is hoping the stripped arrangement draws listeners closer to something else he holds dear — the songs' lyrics.

"On my songs, I worked very hard on the lyrics and I want people to hear them. I felt these songs deserve to be heard, and so they are," said Diamond.

Explain the title *Dreams*.
I titled it that because the album is really a dream of mine. It was an idea, a feeling, a desire to do these songs. I haven't been able to do it for my entire career. I just felt at this point, if not now, when?

After two such successful albums with Rick Rubin, what made you want to do covers?
I went into the studio just to sing for my own amusement. Just take my guitar in front of a microphone and sing. I didn't have any new songs of mine to sing, so I went back and just did some of my favourite



► Neil Diamond

songs that have been out there. I did it every Friday for months. Just as an upper for me. Kind of a tonic for the rest of the week. It was more like an accidental album.

As a musical icon and grandfather, how do you combine that?

Well, I would like my grandkids to be involved in music. I have given them guitars. I have offered them lessons. They just take to it. I've never put any pressure on them. If they continue to love it, and want to do it, they will. But I want them to have their hearts and minds open to music, because it is nourishment to the soul. **THE ASSOCIATED PRESS**



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AMAs set to take stage on Sunday

● **Rihanna, Santana and Pink prep unique performances for American Music Awards**

The American Music Awards are typically so packed with performances, the actual awards are almost an afterthought.

That's likely to be the case again this year, with at least 16 performances planned for Sunday night's ceremony at the Nokia Theatre.

"Each performance is like a show unto itself," said producer Larry Klein, adding that last year's show boasted a mile-long stack of set pieces.

His team encourages each artist to come up with a unique concept and look for their performance, and almost anything goes.

"We're the only show that gives each individual artist the creativity and the right to collaborate and come up with some-



thing great that's specifically done just for them," he said.

For Pink, that means a stage full of skateboard ramps, skateboarders and aerial artists.

Another performer (Klein wouldn't say who) will appear on an industrial set with moving boxes and elevator lifts.

"Each individual (set) has its own specific look. Nothing is duplicated."

LARRY KLEIN, AMA PRODUCER

Carlos Santana, who is performing with Gavin Rossdale, says he doesn't have any special tricks up his sleeve other than to envelop the audience with music and "make the females happy."

"That delicious sensuousness, it's a whole galaxy in itself," he said in an interview. "When Gavin sings Bang a Gong and Santana plays, you set the table... It's very sensuous, and that's one of the main ingredients to make women happy."

THE ASSOCIATED PRESS



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Eastern Front Theatre is launching its 18th season with this play about three people, including two lovebirds, vacationing in Paris and facing several big decisions, including a relationship deal breaker. Tickets are \$30 for adults and available through ticketatlantic.com.

Concert**Howard Cable's Holiday Show**

Saturday, 7:30 p.m., Sunday, 2 p.m.

Rebecca Cohn Auditorium

This legendary Canadian conductor is returning to Halifax to team up with Symphony Nova Scotia and perform his popular holiday concert, featuring classic Christmas carols and songs of Chanukah. Tickets range in price from \$29 to \$52.

Sports**Halifax Mooseheads**

Friday 7 p.m., and Saturday 4 p.m.

Halifax Metro Centre

The Mooseheads end a six-game homestand with two weekend games – first against the Rouyn-Noranda Huskies and second versus the Val-D'Or Foreurs. Adult tickets are \$15.75.

Music**The Trews**

Friday, 8:45 p.m.

Rebecca Cohn Auditorium

If you got tickets, you're in luck as this sold-out show will see this popular Nova Scotia band take the stage in a show titled Friends and Total Strangers Acoustic Tour. Tim Chaisson is the opening act, with doors opening at 8 p.m.

Event**Holiday Parade of Lights**

Saturday, 6 p.m.

Downtown Halifax

This annual event kicks off the holiday season for many as the parade winds through several streets in the downtown core. About 90,000 people are expected to take part with floats, majorettes, marching bands, clowns and, of course, Santa.

Music**Scott Stapp**

Saturday, 8 p.m.

The Schooner Room, Casino Nova Scotia

Best-known as the unmistakable voice of Creed, this singer-songwriter is coming to Halifax for a one-night performance that will see him perform many of the band's big hits, along with some solo material. Tickets are \$71.50 and available through ticketatlantic.com.

7th heaven**The Expendables****DVD**

It's like you died and went to action-hero heaven. The Expendables — with a muscled-up lineup that includes Sylvester Stallone, Jason Statham, Jet Li, Dolph Lundgren, Steve Austin and others — is available on DVD and Blu-ray next week.

Harry Potter**Sales**

The newest installment of the Harry Potter franchise is now in theatres, and part two is due out next year. So we decided to do the math to see how much the whole series – books and merchandising have made to date. Our estimate: \$24 billion.

iPod Nano**Tech**

Looking for a gift for that special someone in your life? It may not sound romantic, but the iPod Nano is new and improved, and now with a touch screen. To make it a little more personal, why not fill it with all your loved one's favourite songs before wrapping it? apple.com/ipodnano

The Little Prince**Books**

His name is the Little Prince, and he comes from outer space, and now fans of Antoine de Saint-Exupéry's extraterrestrial visitor can enjoy the adven-

ture in a pop-up version of the book. anthropologie.com

**Boutiques.com****Fashion**

If you'd love being a fly on the wall during your favourite celebrity's shopping spree, than bookmark Boutiques.com. Earlier this week, Google launched the online shopping platform, where readers and (most notably) celebrities, designers, retailers and fashion bloggers, curate their own little shops with items on their wish lists.

Stay warm**Style**

There is no denying it; fall is well into its middle-age and winter is beginning to nip on its heels. But let's face it; who doesn't like wearing thick sweaters once that cold wind blows? There's no better time than now to invest in a warm, woolly one to keep that bone-chilling cold at bay.

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SUBMITTED

Small changes make a big difference

► The Eat This series makes food choices easy ► Advice for eating out or cooking at home

Looks like Americans really do like being told what to eat.

Three years after first telling readers to pick Mc-Nuggets over Filet-O-Fish and the low-carb slice over the deep dish pizza, books in the Eat This, Not That! series continue to offer sometimes surprising restaurant and supermarket tips.

The latest entries: the



2011 edition of Eat This, Not That! and a second Cook This, Not That! cookbook offers lower-calorie versions of restaurant favourites like burgers and calzones.

That's 10 books and more than six million copies.

The "Eat This" concept is simple and clever.

Compare similar foods — maybe two sandwiches from the same chain, or two canned soups or chocolate bars — and list the calories, fat and salt in each.

The healthier choice is tagged "Eat This" and the one clogged with bad stuff gets a "Not That!"

So, Krispy Kreme customers are told to go for the sugar doughnut over the powdered cake doughnut to save 90 calories.

"Is it the healthiest food imaginable? No," says series co-author David Zinczenko. "But if you try to tell people to put down the burger and go eat some broccoli, they're never going to make any realistic progress."

THE ASSOCIATED PRESS



► Stuffed Dates from Eat This, Not That!

LARRY CROWE/THE ASSOCIATED PRESS

Dates, not mushrooms

The folks behind the Eat This, Not That! book series say these indulgent treats are a better choice for a holiday party nibble than the stuffed mushrooms you often encounter. And they are truly delicious.

Start to finish: 30 minutes

Preparation:

1 Heat oven to 220 C (425 F).

2 Using a sharp paring knife, make a slit across the length of each date so that the pocket in the fruit is exposed. Remove the pit inside the date and replace it with an almond.

3 Spoon about 7 ml (1/2 tbsp) of the blue cheese into the pocket over and around the almond in each date. The dates should be tightly stuffed, but not overflowing with cheese. Place each date at the bottom of a bacon strip half and roll up as tightly as possible. Secure with a toothpick.

4 Place dates on a non-stick baking sheet and bake for about 20 minutes or until the bacon has rendered fat and is brown and crispy. Top each with a bit of black pepper and serve.

Ingredients :

- 8 Medjool dates
- 8 almonds
- 50 ml (1/4 cup) crumbled blue cheese
- 4 strips bacon, halved crosswise
- Ground black pepper, to taste

Makes 4 servings.

Nutrition information per serving (values are rounded to the nearest whole number): 280 calories; 125 calories from fat (45 per cent of total calories); 14 g fat (5 g saturated; 0 g trans fats); 22 mg cholesterol; 37 g carbohydrate; 6 g protein; 4 g fibre; 307 mg sodium.

THE ASSOCIATED PRESS



Food in brief



A pretty glass jar of basil, garlic or rosemary packed in oil is a popular gift, but health Canada warns that if the food hasn't been properly prepared, it can cause serious illness.



Restaurants Alinea, L20 earn top 3-star ratings in Chicago's 1st Michelin Guide.

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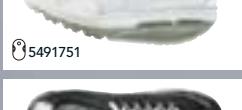
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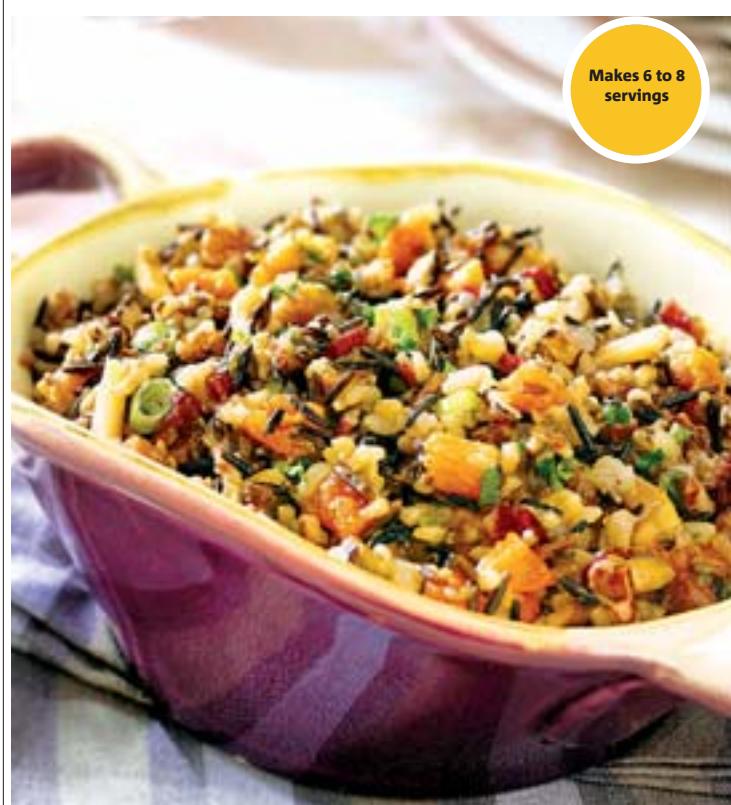
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Make-ahead dishes make holiday entertaining easier

Buffet dining means you can enjoy the party as much as your guests

This recipe can be cooked for a period of hours in the slow cooker. It is elegant and a good accompaniment to other dishes on the buffet table.

Wild Rice with Fruit and Nuts

Preparation:

1 To toast almonds, spread in a single layer in a heavy-bottomed skillet. Cook over medium heat for 1 to 2 minutes, stirring frequently, until nuts are lightly browned. Remove from skillet immediately. Let cool before using.

2 In a slow cooker, combine wild rice, cranberries, raisins, apricots and almonds.

3 In a bowl, combine broth, orange juice, butter and cumin. Pour over rice and stir to mix.

4 In a bowl, combine broth, orange juice, butter and cumin. Pour over rice and stir to mix.

Cover and cook on low for 7 hours or on high for 2 1/2 to 3 hours. Stir once, adding more hot broth, if necessary.

5 When rice is soft, add green onions and parsley. Adjust seasonings, if desired. Cook for 10 minutes longer and serve.

Ingredients:

- 500 ml (2 cups) wild rice (or wild rice blend), rinsed
- 125 ml (1/2 cup) dried cranberries
- 125 ml (1/2 cup) chopped raisins
- 125 ml (1/2 cup) dried apricots
- 125 ml (1/2 cup) toasted slivered almonds
- 1.25 to 1.5 l (5 to 6 cups) chicken broth (approx)
- 250 ml (1 cup) orange juice
- 30 ml (2 tbsp) melted butter
- 5 ml (1 tsp) ground cumin
- 2 green onions, thinly sliced
- 30 to 45 ml (2 to 3 tbsp) chopped fresh parsley
- Salt and black pepper

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Huskies ready for a 'dogfight'

► SMU and Calgary will put their winning streaks on the line Saturday



MATTHEW
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@METRONEWS.CA

Defensive momentum is on the Saint Mary's Huskies' side heading into the Mitchell Bowl.

The Huskies, who visit the Calgary Dinos for Saturday's 4:30 p.m. Canadian Interuniversity Sport football semifinal on TSN, will march into McMahon Stadium on an impressive six-game winning streak.

They've allowed fewer than eight points per game, 91 yards rushing and 136 yards passing while posting 13 interceptions and 23 of their nation-leading 28 sacks.

"We've done a good job of stopping the pass when we need to, stopping the run when we need to, and forcing turnovers," said Huskies all-star linebacker Jeff Hecht. "We're riding a hot streak with our wins and our defence has played strong throughout that streak."

But the Dinos, as Huskies fans are well aware, provide a much more formidable threat than any of the Atlantic

University Sport teams the Huskies have beaten during their streak.

It was the Dinos — led by two-time Hec Crighton winner and former Huskies star Erik Glavic — who put 38 points on the board in last year's blowout win over Saint Mary's in the national semifinal in Halifax.

They've been crushing teams during a current four-game winning streak, averaging 42 points per outing.

"They were a very good team last year and they're a very good team this year — nothing's really changed," said Huskies tailback Devon Jones.

"It's going to be a hell of a game. It's going to be a dogfight."

The closest the Huskies came to playing a team as good as the Dinos this season was when they faced the Laval Rouge et Or in Week 2. They lost 45-7.

"We've flipped things around (since then) and we're playing the kind of football we expected to play all year," Hecht said.

"We want to keep that rolling."

Forecast

► McMahon Stadium is already decorated with snow and the weather forecast in Calgary calls for a low of minus-19 on Saturday.

Huskies quarterback Micah

Brown, a Tampa, Fla., native, will start the coldest game of his CIS career. "The cold is what you make it — either way, we can run our offence," said Huskies tailback Devon Jones. "I'm not too worried about it."



► Saint Mary's Huskies quarterback Micah Brown, of Tampa, Fla., will start in Saturday's Mitchell Bowl in chilly Calgary.

4
sports

Quoted



"At this point, I think we're just going out and focusing on trying to beat a tough football program. Coach (Steve) Sumarah has done a good job there; they look very good on film and we have to be very much prepared if we're going to have a chance at success."

CALGARY DINOS HEAD COACH
BLAKE NILL, ON FACING HIS
FORMER TEAM, THE SAINT
MARY'S HUSKIES, IN THE
MITCHELL BOWL CANADIAN
INTERUNIVERSITY SPORT
FOOTBALL SEMI-FINAL ON
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NFL SUCCESS STORY

Goodell praises Vick

NFL commissioner Roger Goodell says Michael Vick is doing all the right things and he's proud of the way the Philadelphia Eagles' quarterback has turned his life around since serv-



ing time in prison for his role in a dogfighting ring.

Speaking to the New York Daily News on a train ride to Philadelphia, Goodell said Thursday the 30-year-old Vick is doing a terrific job on and off the field.

Goodell says society needs more success stories and he's hoping Vick will be one, a person who made a tragic error and overcomes it.

THE ASSOCIATED PRESS

Maple Leafs cast away Devils

3 1

MAPLE LEAFS DEVILS

Jonas Gustavsson filled in admirably for the injured J.S. Giguere, stopping 29 shots Thursday as the Toronto Maple Leafs beat the New Jersey Devils 3-1.

It was the team's second straight victory after

an ugly stretch of eight games without a win.

The Maple Leafs will be relying heavily on Gustavsson while Giguere recovers from a groin strain.

He's expected to be out one to two weeks.

Mikhail Grabovski, Phil Kessel and Kris Versteeg scored for Toronto (7-8-3). Nazem Kadri added two assists.

Dainius Zubrus had the lone goal in reply for the struggling Devils (5-12-2).

THE CANADIAN PRESS

Bulin Wall lands on IR

The Edmonton Oilers have placed goaltender Nikolai Khabibulin on injured reserve with a groin injury.

The Russian, who is out indefinitely, is 4-10-1 in 15 games this season with a 4.07 goals-against average and a .879 save percentage.

THE CANADIAN PRESS

Jokinen suspended

The National Hockey League handed down a pair of suspensions Thursday, banning Calgary Flames centre Olli Jokinen for three games and Tampa Bay Lightning forward Mattias Ritola two contests. Both incidents took place Wednesday night.

THE CANADIAN PRESS

Moose hope to add to Huskies' misery



► Rookie goalie Anthony Terenzio is expected to be back in net on Friday.

RYAN TAPLIN/METRO HALIFAX

► After crushing Rouyn-Noranda on Wednesday, Halifax gets rematch



MATTHEW WUEST
@METRONEWS.CA

game, knowing we can beat them if we play to our ability."

The Mooseheads, who also host the Val-d'Or Foreurs on Saturday at 4 p.m., have a fantastic opportunity to improve their 8-15-0-1 record and move up in the standings.

"They're going to come out hard again on Friday and it's going to be another battle," Lewis said.

Rookie goaltender Anthony Terenzio, with 29 saves on Wednesday, is expected to get the start on Friday.

That's kind of weird how the schedule's set up like that," said Mooseheads defenceman Trey Lewis.

"It's good we got that first win and we feel confident going into Friday's

For more on Terenzio's opportunity in goal, and weekend coverage of the Mooseheads, visit Matthew Wuest's Q Files blog at www.metronews.ca/qfiles.

King Felix wins AL Cy Young



OTTO GREULE JR/GETTY IMAGES

232

Hernandez, 24, led the league in innings (249 2/3), was second in strikeouts (232) and held AL opponents to the lowest batting average (.212).

10 starts, they were either shut out or held to one run.

"This confirms the Cy Young is an award not only for the pitcher with the most wins, but the most dominant," a teary-eyed Hernandez said while celebrating with relatives at the family home in Valencia, Venezuela.

King Felix got 21 of the 28 first-place votes and 167 points in balloting by the Baseball Writers' Association of America.

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A self-assured bunch

► Arsenal confident despite Tottenham aiming to derail Premiership title bid

Arsenal's players are in confident mood ahead of Saturday's meeting with Tottenham despite knowing their local rivals would dearly love to derail the Gunners' bid for the Premiership title.

Spurs may have beaten Arsenal in the league for the first time in 11 years last season, but Tottenham teams regularly head to Arsenal in high spirits and none has tasted victory there since 1993.

If Chelsea loses at Birmingham on Saturday, second-place Arsenal could go to the top of the standings with a victory after quietly establishing itself as a credible contender with five wins from the past six matches.

After puncturing Tottenham's early season optimism a year ago with a 3-0 win, Arsenal's players are not concerned about the prospect of taking on a side driven by in-form winger Gareth Bale.

"He's doing very well at the moment, but don't put

Schedule

► SATURDAY — Blackpool hosts Wolverhampton Wanderers, Bolton hosts Newcastle, Liverpool hosts West Ham, and West Bromwich Albion hosts Stoke.

pressure on him," Arsenal defender Bacary Sagna said. "He's only 20, 21. He'll learn a lot, he'll improve a lot over the next few years. He's in great form. But I will think about my own game."

Such an approach has served Arsenal well in recent years against a Tottenham side seven points and five places behind in the table.

Tottenham has never won in six visits to Emirates Stadium and its last win at Arsenal came at Highbury in 1993, when the Gunners rested their entire first team in preparation for the FA Cup final four days later.

Arsenal lost its last

home game 1-0 to Newcastle, so it has even more motivation Saturday.

"We have to win because we lost the last one and if we want to be competitive, we have to get results," Sagna said. "The time to judge our team will be at the end of the

season. Last season we played well but we didn't win anything and that was very disappointing, so this season we have to stay focused on each game."

"This is the best way to win something and move forward."

THE ASSOCIATED PRESS



► Louis Saha of Everton, left, is challenged by Bacary Sagna of Arsenal during their match last Sunday.

Canadiens blanked by Rinne, Preds

0 **3**

MONTREAL NASHVILLE

Pekka Rinne stopped 30 shots for his second shutout of the season and Marcel Goc scored twice as the Nashville Predators won 3-0 over the Montreal Canadiens Thursday at the Bell Centre.

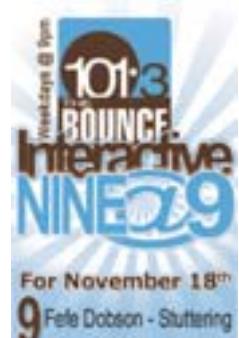
The win snapped Montreal's four-game winning streak, and cooled off Canadiens goaltender Carey Price, who was coming off two shutouts in four games.

The Predators opened the scoring at 1:19 of the second when Francis Bouillon passed to Goc, who was in front of the net to put a low backhand past Price's pad.

The Canadiens had their opportunities in the second but couldn't capitalize despite getting three consecutive power plays.

Jaroslav Spacek also had a good chance during a 4-on-4 at the mid-point, but was stopped twice by Rinne in close.

THE CANADIAN PRESS



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Will.I.Am ft Nicki Minaj - Check It Out

Bruno Mars - Just The Way You Are
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